

INFORMED CONSENT

NAME: _____

DATE: _____

The purpose of this form is to present risks and benefits of the therapies offered at Elixia Wellness Group. **Please read these descriptions before initialing EACH BOX. This must be signed before treatment is rendered.** Ask your particular practitioner about any questions or concerns at any time.

ACUPUNCTURE

Acupuncture involves using very thin needles and/or pressure to stimulate special points on the body that affect different organ systems. Uncommon side effects may be bruising, minor bleeding, fainting and discomfort. More commonly, relaxation and pain relief are experienced. Your acupuncturist may use acupressure and Chinese bodywork. Initial _____

MANIPULATION

Manipulation is an effective therapy that aims to restore joint motion and neurological function. Uncommon risks include fracture, sprain, and cerebral vascular accidents. More commonly, pain relief, increased range of motion, and alignment correction are experienced. Initial _____

NATUROPATHIC MEDICINE

Naturopathy combines safe and effective traditional therapies with the most current advances in modern medicine by attempting to find the underlying cause rather than focusing on symptomatic treatment. There is risk of pharmaceutical/supplement interaction, so inform your ND of current medications. Initial _____

BODYWORK: MASSAGE, TRIGGER POINT THERAPY, EXERCISES, STRETCHING

Your problem may be caused by poor mechanics/repetitive stress, in which case, exercises or stretches may be indicated. Deep tissue work, overstretching and over-exercise may cause discomfort or injury. Massage may cause initial soreness, bruising or lightheadedness, but usually pain relief, increased motion, and relaxation are experienced. Initial _____

SUPPLEMENTS: HERBALS, HOMEOPATHICS, ORTHOPEDIC EQUIPMENT

Be sure to inform your practitioner about all medications you currently take to minimize drug/supplement interactions. Some side effects may be gas, bloating, and allergic reaction. Initial _____

MICROCURRENT

This electric modality increases ATP production in the cells, thereby increasing the rate of tissue healing and decreases inflammation. Contraindications include: certain pace makers, tumors and pregnant women. A side effect may be a detoxification reaction, but more commonly pain relief and increased function is experienced. Initial _____

IMAGING, REFERRALS

Further lab work (X-rays, MRI, blood work, urine analysis, etc.) may be necessary. When co-management or referral is indicated, a prompt referral to another specialist for evaluation or alternative therapy will be suggested. Initial _____

Please inform your practitioner of any changes in symptoms, medications, diagnoses by other doctors, and if there is a chance of pregnancy at any time during your care.